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| **Goonhavern Primary School- Design Technology** |
| **TOPIC: DT**  | **YEAR: 1** | **STRAND: Food**  |

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| **What should I know already?** | **What will I know by the end of the unit?** |
| * How to use simple tools to effect changes to materials. For example, safely using hammers and saws in reception.
* The names of a range of healthy foods - including fruits and vegetables grown and eaten in school.
* It is important to eat a variety of different foods.
 | How to chop, mix and peel ingredients safely and hygienically. |
| How to measure or weigh using one of the following: measuring cups, analogue or digital scales.  |
| How to assemble or cook ingredients.  |
| That all food comes from plants and animals. |
| That we can follow recipes (that combine images and text) to create different foods. |
| That fruit is a healthy food choice. |
| **School Values** |
| **Five Ways to Wellbeing** |

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| **Vocabulary**  |
| Peel | Remove the outer covering or skin from fruit or vegetables. |
| Chop | Cut something into pieces with a knife. |
| Mix | Combine ingredients together. |
| Fruit | Product from a plant that contains seeds and can be eaten.  |
| Crumble | A mixture of flour and fat that is rubbed to the texture of breadcrumbs and cooked as a topping for fruit. |
| Healthy (food) | Foods that are good for your body. |
| Skewer  | A long piece of wood used to hold food together.  |

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| **Image/diagram that helps me to articulate my knowledge/understanding**  | **Projects** |
|  | 1. Design a healthy snack for a real-life audience (fruit salad/fruit kebab), including: designing, making, evaluating and growing fruit from seed. (Depending on the context, this could include marketing and selling, incorporating maths/English links.)
2. How to follow a recipe to create a fruit-based dessert using Gruffalo Crumble as inspiration. (This should link to instructional writing.)
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