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| **Goonhavern Primary School- Design Technology** | | |
| **TOPIC: DT** | **YEAR: 2** | **STRAND: Food** |

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| **What should I know already?** | **What will I know by the end of the unit?** |
| * How to chop, mix and peel ingredients safely and hygienically. * How to measure or weigh using one of the following: measuring cups, analogue and digital scales. * How to assemble or cook ingredients. * That all food comes from plants and animals. * That we can follow recipes (that combine images and text) to create different foods. * That fruit is a healthy food choice. | That food has to be farmed, grown elsewhere (e.g. home) or caught. |
| How to name and sort foods into the five groups in ‘The Eat-Well Plate.’ |
| Repetition: How to measure or weigh using one of the following: measuring cups, analogue and digital scales. |
| Repetition: to chop, mix and peel and to be able to grate. |
| Repetition: that we can follow recipes (that combine images and text) to create different foods. |
| Be able to describe flavours and textures. |
| **School Values** | |
| **Five Ways to Wellbeing** | |

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| **Vocabulary** | |
| Hygienic | Ensuring cleanliness so germs are not spread |
| Ingredients | Foods that are combined to make a dish |
| Chewy | Food that needs chewing hard before it’s swallowed |
| Crunchy | Food that makes a crunch sound when you eat it |
| Soft | easy to mould, cut, compress, or fold; not hard or firm to the touch |
| Crisp | A substance that is firm, dry and brittle |
| Sweet | Having the taste of sugar/honey |
| Savoury | Food that is salty or spicy rather than sweet |
| Bitter | Food that has a sharp taste or smell |
| Dairy | Containing or made from milk |
| Protein | Food that is a fuel source for the body |
| Carbohydrates | Food that gives us slow releasing energy |
| Fruit and Veg | Food that is grown from the ground or plants |
| Fat and sugars | Found in some foods and can be harmful to our bodies |

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| **Image/diagram that helps me to articulate my knowledge/understanding** | **Project** |
|  | Make Cornish Pasties- link to Cornwall topic. Make own versions of pasties using eat well plate to inform recipe |