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| **Goonhavern Primary School Physical Education**  |
| **TOPIC: Invasion Games**  | **YEAR: 1** | **STRAND: General Skills**  |

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| **What should I know already?** | **What will I know by the end of the unit?** |
| From EYFS:* Experiments with different ways of moving.
* Jumps off an object and lands appropriately.
* Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles.
* Travels with confidence and skill around, under, over and through balancing and climbing equipment.
* Shows increasing control over an object in pushing, patting, throwing, catching or kicking it.
* Early Learning Goal Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space
 | How to ‘catch’/receive a ball that has been rolled.  |
| How to throw a ball with two hands (chest/shoulder pass) |
| How to prepare to catch a ball  |
| How to to catch a ball (cushioning the ball with my hands)  |
| One or two tactics for attacking and defending  |
| How to push a ball with a hockey stick |
| How to receive a ball with a hockey stick |
| How to kick a ball with the side of your foot |
| How to receive a ball with the side of your foot |
| **School Values** |
| **Five Ways to Wellbeing** |

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| **Vocabulary**  |
| Throw | To release a ball/object from your hands, normally aiming for a teammate or a target.  |
| Receive | To catch or ‘get’ a ball or object that someone has passed to you. |
| [Chest pass](https://www.youtube.com/watch?v=w04ylxv938M) | A two-handed pass to a teammate that starts at the chest. |
| [Shoulder pass](https://www.youtube.com/watch?v=-cz9gIa5hjQ) | A pass to a teammate that starts by next to the shoulder.  |
| Hand-eye coordination | The link between what you see and how your hands move (for example when catching a ball).  |
| Attacking | Trying to score against the opposing  |
| Defending | Trying to stop the opposing team from scoring |
| Tactic | Ideas to help you win a game.  |

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| **Image/diagram that helps me to articulate my knowledge/understanding**  | **Possible Games/Ideas** |
| [Sport Aus - Cards and Videos](https://www.sportaus.gov.au/p4l?result_697283_result_page=3&queries_learning_bands_query_posted=1&queries_learning_bands_query%5B0%5D=f-2&queries_activity_focus_query_posted=1&queries_game_category_query_posted=1&queries_game_category_query=invasiongames&queries_physical_query_posted=1&queries_psychological_query_posted=1&queries_social_query_posted=1&queries_cognitive_query_posted=1&search_page_697283_submit_button=Search+) | Ideas from [Sport Aus - Cards and Videos](https://www.sportaus.gov.au/p4l?result_697283_result_page=3&queries_learning_bands_query_posted=1&queries_learning_bands_query%5B0%5D=f-2&queries_activity_focus_query_posted=1&queries_game_category_query_posted=1&queries_game_category_query=invasiongames&queries_physical_query_posted=1&queries_psychological_query_posted=1&queries_social_query_posted=1&queries_cognitive_query_posted=1&search_page_697283_submit_button=Search+)1. 4 Square
2. Names (varying ball size/shape and equipment for example: using hockey equipment).
3. Target and intercept (link with maths skills)

Build towards dodgeball and benchball style games. The final session could be in the form of a tournament.  |