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| **Goonhavern Primary School Physical Education** | | |
| **TOPIC: Invasion Games** | **YEAR: 1** | **STRAND: General Skills** |

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| **What should I know already?** | **What will I know by the end of the unit?** |
| From EYFS:   * Experiments with different ways of moving. * Jumps off an object and lands appropriately. * Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles. * Travels with confidence and skill around, under, over and through balancing and climbing equipment. * Shows increasing control over an object in pushing, patting, throwing, catching or kicking it. * Early Learning Goal Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space | How to ‘catch’/receive a ball that has been rolled. |
| How to throw a ball with two hands (chest/shoulder pass) |
| How to prepare to catch a ball |
| How to to catch a ball (cushioning the ball with my hands) |
| One or two tactics for attacking and defending |
| How to push a ball with a hockey stick |
| How to receive a ball with a hockey stick |
| How to kick a ball with the side of your foot |
| How to receive a ball with the side of your foot |
| **School Values** | |
| **Five Ways to Wellbeing** | |

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| **Vocabulary** | |
| Throw | To release a ball/object from your hands, normally aiming for a teammate or a target. |
| Receive | To catch or ‘get’ a ball or object that someone has passed to you. |
| [Chest pass](https://www.youtube.com/watch?v=w04ylxv938M) | A two-handed pass to a teammate that starts at the chest. |
| [Shoulder pass](https://www.youtube.com/watch?v=-cz9gIa5hjQ) | A pass to a teammate that starts by next to the shoulder. |
| Hand-eye coordination | The link between what you see and how your hands move (for example when catching a ball). |
| Attacking | Trying to score against the opposing |
| Defending | Trying to stop the opposing team from scoring |
| Tactic | Ideas to help you win a game. |

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| **Image/diagram that helps me to articulate my knowledge/understanding** | **Possible Games/Ideas** |
| [Sport Aus - Cards and Videos](https://www.sportaus.gov.au/p4l?result_697283_result_page=3&queries_learning_bands_query_posted=1&queries_learning_bands_query%5B0%5D=f-2&queries_activity_focus_query_posted=1&queries_game_category_query_posted=1&queries_game_category_query=invasiongames&queries_physical_query_posted=1&queries_psychological_query_posted=1&queries_social_query_posted=1&queries_cognitive_query_posted=1&search_page_697283_submit_button=Search+) | Ideas from [Sport Aus - Cards and Videos](https://www.sportaus.gov.au/p4l?result_697283_result_page=3&queries_learning_bands_query_posted=1&queries_learning_bands_query%5B0%5D=f-2&queries_activity_focus_query_posted=1&queries_game_category_query_posted=1&queries_game_category_query=invasiongames&queries_physical_query_posted=1&queries_psychological_query_posted=1&queries_social_query_posted=1&queries_cognitive_query_posted=1&search_page_697283_submit_button=Search+)   1. 4 Square 2. Names (varying ball size/shape and equipment for example: using hockey equipment). 3. Target and intercept (link with maths skills)   Build towards dodgeball and benchball style games. The final session could be in the form of a tournament. |