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| **Goonhavern Primary School** |
| **TOPIC: PE**  | **YEAR: 3**  | **STRAND: Dance**  |

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| **What should I know already?** | **What will I know by the end of the unit?** |
| Move accurately in time with music’s rhythm and paceHow to show expressive qualities in dance moves Show emotions and energy levels through dance How to smoothly transition from each move Perform different movements simultaneously with opposite hands and feet Remember and repeat short dance sequences How to choose movements that suit the music and dance ideaCreate short sequences with a beginning, middle and endingExpress how different dance performances you’ve watched make you feel and why  | Use movements to tell a narrative  |
| Combine and link an increasing number of movements |
| To explore different shapes and movements ( sway, whirl, spiral, fall, leap) |
| Compose a short dance phrase in small groups  |
| Perform, appreciate and evaluate each other’s work. |
| To improvise freely to translate stimulus.  |
| Perform dances with an awareness of rhythmic, dynamic and expressive qualities. |
| Keep a flow to a dance phase without hesitating  |
| **School Values** |
| **Five Ways to Wellbeing** |

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| **Vocabulary**  |
| Rhythm  | Pattern and pace of music  |
| pace | The speed  |
| Energy levels | How much power  |
| Emotion  | feelings |
| Smooth  | Without stopping/hestiating  |
| Transition  | Changing  |
| Simultaneously  | At the same time  |
| Sequence  | A collection of movements in a certain order  |
| Control  | Being able to manipulate  |
| Pattern  | The sequence where everything is the same  |
| Narrative | A story  |
| Improvise  | Make up as you go along  |
| Flow  | Something that doesn’t stop  |

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| **Image/diagram that helps me to articulate my knowledge/understanding**  | **Investigate!** |
|  | Create, perform and share short dances based on well known narratives that may be being learnt in class/links to PSHE and narratives that show emotions and feelingsBuild up to a performance for parents, school Explore different music and how it make syou feelExplore emotions and how we can show these through dance Talk about improvisation What is flow? Look at images and videos of rivers flowing and professional dancers, what’s the same? |