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| **Goonhavern Primary School** |
| **TOPIC: PE** | **YEAR: 5** | **STRAND: Badminton**  |

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| **What should I know already?** | **What will I know by the end of the unit?** |
| Transferable skills from tennis: -To throw a ball to a partner correctly and with accurately-To move around with the ball using your hands keeping it under control-To use a tennis racket to move a tennis ball around the playground-To perform a variety of skills using a tennis racket-To understand the action we use when playing a tennis shot -To be able to push the ball with a tennis racket along the floor-To serve the ball towards a partner -To serve the ball towards a target -To keep the score of a short game -To be able to perform a rally with a partner-To be able to hit the ball over a net | How to demonstrate backhand “thumb” grip and forehand “v” grip; |
| How to demonstrate a relaxed reach when striking the shuttle (or soft ball / balloon) |
| How to use chasse steps over short distances |
| Be able to lunge with good range and the front foot pointing to the impact point of the shuttle; |
| Be able to consistently strike net shots using a pushing action and appropriate grip. |
| Consistently (7/10) strike net shots using a pushing action and basic grips; |
| Explain and demonstrate the use of the split step and lunge |
| Organise and participate in a variety of forecourt net games |
| How to demonstrate a backhand short serve |
| Be able to rally in the front court |
| Be able to demonstrate front court backhand lift. |
| **School Values** |
| **Five Ways to Wellbeing** |

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| **Vocabulary**  |
| Rally  | Hit back and forwards between partners  |
| Shuttlecock | object you hit with your racket  |
| Fault  | WHen the ball goes out of the court  |
| Receiver  | The person who the server is hitting to  |
| Singles  | 1-1 game |
| Doubles  | 2-2 game  |
| SIde lines  | Markings the end of the court  |
| Drop Shot  | A shot that lands only just over the net  |
| Serve  | Starting the game by hitting the ball  |
| Court | The area where the ball is in play  |
| Target  | Place you are aiming for  |
| Chasse Step | one foot extended forward, the back foot then “chases” and meets up with the front for a quick moment before the front foot shoots forward again, all while traveling forward |
| Grip | How the racket is being held |
| Backhand | Back of your hand is facing the net  |
| Lunge  | One leg bent forwards in front of your body |

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| **Image/diagram that helps me to articulate my knowledge/understanding**  | **Investigate!** |
| See Links ---->  | <http://www.northumberlandbadminton.org/wp-content/uploads/Lesson-Plans-10-Starter-Lessons1.pdf> (good lesson ideas on here) Adapt some of these with badminton rackets and shuttlecocks<https://www.sportaus.gov.au/__data/assets/pdf_file/0005/703949/King-Queen-of-the-court.pdf> <https://www.sportaus.gov.au/__data/assets/pdf_file/0004/703966/Newcombe-Ball.pdf> <https://www.sportaus.gov.au/__data/assets/pdf_file/0005/703904/Continuous-tennis.pdf>  |