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| **Goonhavern Primary School** | | |
| **TOPIC: PE** | **YEAR: 5** | **STRAND: Rugby** |

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| **What should I know already?** | **What will I know by the end of the unit?** |
| Transferable skills from previous years:   * How to ‘catch’/receive a ball that has been rolled. * How to throw a ball with two hands (chest/shoulder pass) * How to prepare to catch a ball * How to to catch a ball (cushioning the ball with my hands) * One or two tactics for attacking and defending * To develop strategies for attacking. * To develop strategies for defending. * To collaborate with teammates and communicate effectively. * To show resilience and be able to win and lose in games. | How to evade and tag opponents. |
| How to safely run at speed and change direction |
| How to effectively use the space and aim for the gaps |
| How to evade opponents while keeping control of the rugby ball. |
| How to run with the ball while holding it in the correct position |
| How to pass the ball accurately and receive the ball safely |
| How to pass the ball accurately and receive the ball safely whilst on the move |
| Remembering to open up hands to give the passer a target |
| Communicate effectively with team mates |
| That a ball must be passed backwards during a rugby match |
| Know the basic rules of a rugby match |
| **School Values** | |
| **Five Ways to Wellbeing** | |

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| **Vocabulary** | |
| Evade | Attempt to avoid opposing team |
| Tag | Tapping opponent in a match |
| Try | Scoring a point |
| Defending | Stop opponents scoring |
| Attacking | Challenging opposing team |
| Knock on | When a ball goes forwards by accident |
| Forwards pass | When a ball is thrown forwards rather than back |
| Tackle | An attempt to get ball from other team |

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| **Image/diagram that helps me to articulate my knowledge/understanding** | **Investigate!** |
|  | Rugby sessions with Pirates  Change to use a rugby ball:  <https://www.sportaus.gov.au/__data/assets/pdf_file/0010/703972/On-court-off-court-rapid-pass.pdf>  <https://www.sportaus.gov.au/__data/assets/pdf_file/0005/703976/Pass-and-Run.pdf> |