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| **Goonhavern Primary School** |
| **TOPIC: PE** | **YEAR: 5** | **STRAND: Rugby**  |

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| **What should I know already?** | **What will I know by the end of the unit?** |
| Transferable skills from previous years: * How to ‘catch’/receive a ball that has been rolled.
* How to throw a ball with two hands (chest/shoulder pass)
* How to prepare to catch a ball
* How to to catch a ball (cushioning the ball with my hands)
* One or two tactics for attacking and defending
* To develop strategies for attacking.
* To develop strategies for defending.
* To collaborate with teammates and communicate effectively.
* To show resilience and be able to win and lose in games.
 | How to evade and tag opponents. |
| How to safely run at speed and change direction  |
| How to effectively use the space and aim for the gaps |
| How to evade opponents while keeping control of the rugby ball. |
| How to run with the ball while holding it in the correct position |
| How to pass the ball accurately and receive the ball safely |
| How to pass the ball accurately and receive the ball safely whilst on the move  |
| Remembering to open up hands to give the passer a target |
| Communicate effectively with team mates  |
| That a ball must be passed backwards during a rugby match  |
| Know the basic rules of a rugby match  |
| **School Values** |
| **Five Ways to Wellbeing** |

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| **Vocabulary**  |
| Evade | Attempt to avoid opposing team  |
| Tag | Tapping opponent in a match  |
| Try  | Scoring a point  |
| Defending  | Stop opponents scoring  |
| Attacking  | Challenging opposing team  |
| Knock on | When a ball goes forwards by accident  |
| Forwards pass | When a ball is thrown forwards rather than back |
| Tackle  | An attempt to get ball from other team  |

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| **Image/diagram that helps me to articulate my knowledge/understanding**  | **Investigate!** |
|  | Rugby sessions with Pirates Change to use a rugby ball:<https://www.sportaus.gov.au/__data/assets/pdf_file/0010/703972/On-court-off-court-rapid-pass.pdf> <https://www.sportaus.gov.au/__data/assets/pdf_file/0005/703976/Pass-and-Run.pdf>  |