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| **Goonhavern Primary School- SUBJECT** | | |
| **TOPIC: PE** | **YEAR: 1** | **STRAND: Net/Wall Games (multi-skills)** |

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| **What should I know already?** | **What will I know by the end of the unit?** |
| From EYFS:   * Experiments with different ways of moving. * Jumps off an object and lands appropriately. * Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles. * Travels with confidence and skill around, under, over and through balancing and climbing equipment. * Shows increasing control over an object in pushing, patting, throwing, catching or kicking it. * Early Learning Goal Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space | How to throw a ball to hit a target |
| How to defend a ball from hitting a target |
| How to throw at a still and moving target |
| How to pass a ball over different height nets |
| How to catch a ball that’s rebounded |
| How to bounce a ball accurately |
| How to hold a racket |
| How to balance a ball on a racket |
| How to bounce and catch a ball to yourself with hands and with a racket |
| How to hit a ball with a racket |
| **School Values** | |
| **Five Ways to Wellbeing** | |

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| **Vocabulary** | |
| Racket | Equipment used in net and wall games |
| Defend | Stopping an attack/scoring points |
| Target | Something to aim for |
| Rebound | When it bounces back |
| Control | Being able to manipulate with accuracy |
| Position | Where you stand |
| Power | How hard you hit something |
| Court | The area where the game is being played |
| Opponent | Person you are playing against |
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| **Image/diagram that helps me to articulate my knowledge/understanding** | **Investigate!** |
| See Links ---> | -Experiment using different rackets (badminton and tennis)  -Experiment using different size balls (tennis balls, dodgeballs, volley balls)  -Experiment using different height nets  -Playing against a wall  -Playing against an opponent.  -Build up to a mini tennis or volleyball tournament  Rebound Ball:  <https://www.sportaus.gov.au/__data/assets/pdf_file/0003/703983/Rebound-ball.pdf>  Keep up the Ball  <https://www.sportaus.gov.au/__data/assets/pdf_file/0004/703948/Keep-up-the-ball.pdf>  No Go  <https://www.sportaus.gov.au/__data/assets/pdf_file/0006/703968/No-go.pdf>  2 square bounce  <https://www.sportaus.gov.au/__data/assets/pdf_file/0004/703876/2-Square-Bounce.pdf> |