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| **Goonhavern Primary School- SUBJECT** |
| **TOPIC: PE** | **YEAR: 1**  | **STRAND: Net/Wall Games (multi-skills)**  |

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| **What should I know already?** | **What will I know by the end of the unit?** |
| From EYFS:* Experiments with different ways of moving.
* Jumps off an object and lands appropriately.
* Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles.
* Travels with confidence and skill around, under, over and through balancing and climbing equipment.
* Shows increasing control over an object in pushing, patting, throwing, catching or kicking it.
* Early Learning Goal Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space
 | How to throw a ball to hit a target  |
| How to defend a ball from hitting a target  |
| How to throw at a still and moving target  |
| How to pass a ball over different height nets  |
| How to catch a ball that’s rebounded  |
| How to bounce a ball accurately  |
| How to hold a racket  |
| How to balance a ball on a racket  |
| How to bounce and catch a ball to yourself with hands and with a racket  |
| How to hit a ball with a racket  |
| **School Values** |
| **Five Ways to Wellbeing** |

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| **Vocabulary**  |
| Racket | Equipment used in net and wall games  |
| Defend  | Stopping an attack/scoring points |
| Target  | Something to aim for  |
| Rebound | When it bounces back  |
| Control  | Being able to manipulate with accuracy  |
| Position  | Where you stand  |
| Power  | How hard you hit something  |
| Court | The area where the game is being played  |
| Opponent  | Person you are playing against  |
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| **Image/diagram that helps me to articulate my knowledge/understanding**  | **Investigate!** |
| See Links ---> | -Experiment using different rackets (badminton and tennis) -Experiment using different size balls (tennis balls, dodgeballs, volley balls)-Experiment using different height nets -Playing against a wall -Playing against an opponent.-Build up to a mini tennis or volleyball tournament Rebound Ball:<https://www.sportaus.gov.au/__data/assets/pdf_file/0003/703983/Rebound-ball.pdf> Keep up the Ball <https://www.sportaus.gov.au/__data/assets/pdf_file/0004/703948/Keep-up-the-ball.pdf> No Go <https://www.sportaus.gov.au/__data/assets/pdf_file/0006/703968/No-go.pdf> 2 square bounce <https://www.sportaus.gov.au/__data/assets/pdf_file/0004/703876/2-Square-Bounce.pdf>  |