

## Goonhavern Primary School- PSHE

**TOPIC: How Can We Be A Good Friend?**

**YEAR: Three**

**STRAND: Relationships**

What should I know already?	What will I know by the end of the unit?
<p><b>From Year 2:</b></p> <ul style="list-style-type: none"> <li>• How to make friends with others.</li> <li>• How to recognise when they feel lonely and what they could do about it.</li> <li>• How people behave when they are being friendly and what makes a good friend.</li> <li>• How to resolve arguments that can occur in friendships.</li> <li>• How to ask for help if a friendship is making them unhappy.</li> </ul>	<ul style="list-style-type: none"> <li>• How friendships support wellbeing and the importance of seeking support if feeling lonely or excluded.</li> <li>• How to recognise if others are feeling lonely and excluded and strategies to include them.</li> <li>• How to build good friendships, including identifying qualities that contribute to positive friendships.</li> <li>• That friendships sometimes have difficulties, and how to manage when there is a problem or an argument between friends, resolve disputes and reconcile differences.</li> <li>• How to recognise if a friendship is making them unhappy, feel uncomfortable or unsafe and how to ask for support.</li> </ul>

### Vocabulary

Friend	A <b>friend</b> is a person that someone likes or knows. People who are <b>friends</b> talk to each other and spend time together. They also help each other when they are in trouble or are hurt.
Friendship	<b>Friendship</b> is having a good relationship with someone, who we call a friend. People in a <b>friendship</b> have respect and affection for each other.
Special/close friend	Somebody who you can talk about everything with, who <b>makes</b> you feel comfortable without fear of judgement. A " <b>close friend</b> " can also be someone who <b>is</b> always there for you, caring about your well-being.
Caring	<b>Caring means</b> that we have concern when we see problems and unhappiness and wanting to help.
Valuable	Considered to be of great worth; useful; important.
Argument Fall out	When you disagree with someone.

Apologise	To say sorry for something you have done or said.
Make up	To make friends again and put right a wrong you have done.
Solution	To find ways of making something better.

Image/diagram that helps me to articulate my knowledge/understanding	Investigate!
	<ul style="list-style-type: none"> <li>• Friendship brainstorms</li> <li>• Friendship role play scenarios</li> <li>• Acrostic poems about friendships</li> <li>• Friendship chains</li> <li>• Feelings bubbles</li> <li>• Argument freeze frame</li> <li>• Resources from Kate Neal 'Words and Your Heart' about Friendship.</li> </ul>

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TOPIC:	YEAR:	STRAND:

Q1	Start of Unit	End of Unit	Q3	Start of Unit	End of Unit
Q2	Start of Unit	End of Unit	Q4	Start of Unit	End of

